



Guidelines

- ALL competing athletes must be listed on your competition entry. Once submitted your entry, you agree that you have read, understood and accepted all competition rules, guidelines and terms.
- FULL payment must be made by the stated closing date to secure the early bird or on time pricing. If the full amount is not received your entry for that specific pricing will not be valid.
- We reserve the right to close our events early if we reach our venue capacity.
- Late entries will only be accepted if approved by the Energy Event Directors.

Cancelation/Refund Policy

- NO refunds will be made after the on-time deadline has passed. Refunds can be used as a credit towards another event or a full refund can be made however relevant admin fees will be deducted.
- Individual refund requests from athletes/parents will not be accepted.
- In exceptional circumstances, cancellations after the deadline has passed may be transferred to another event. This will be reviewed on a case by case basis at the discretion of the Energy Event Directors.

Athlete Eligibility

- ALL competing athletes will be required to provide proof of age prior to competing.
- Athlete wristbands will be provided to the coach for all verified athletes on your roster.
- Any athlete found posing as another athlete will result in their team being disqualified from the competition. Further bans may be in place for the athlete and team. These decisions will be made by the Energy Event Directors.
- Athletes that arrive to any competition without being verified will be required to bring along ID to the welcome desk on the day, this will incur a charge of £15.
- A £15 fee will be in place to any athlete who has lost/misplaced their wristband.

Coach Eligibility

- All coaches will be required to provide an enhanced disclosure or PVG to enter the warmup area. Junior coaches (under 16) do not require one. Verified coaches will receive a wristband/lanyard to grant them access to all areas.
- Coaches found to be posing as another coach will result in their programme being disqualified from the competition. Further bans may be put in place and the Energy Event Directors will notify the relevant governing bodies.

- Junior Coaches under the age of 16 will need a responsible adult in the warmup area with them, this adult must have an enhanced disclosure or PVG.

Disqualification

- Any athlete, coach or parent who deliberately breaks the policies and guidelines of Energy Events UK will have their team disqualified.
- Teams found to deliberately break the IASF age eligibility requirements will be disqualified and the governing bodies will be notified.
- Teams found to submit inaccurate rosters will be disqualified.

Crossovers

- We will always aim to give a at least 20 minutes between team performance times. Please keep this in mind when allowing crossovers within your team.
- We will always allow time for crossovers to get from performance to performance however we cannot guarantee crossovers a warmup time.
- The time allocated is for the safety of the athlete, we may not be able to consider other factors ie coach availability, additional coach passes are provided for this reason.
- An athlete can compete with more than one programme at the same competition. They will be required to pay entry fees for each programme they compete with. Athletes crossing over programmes CANNOT compete in the same division.

Substitution

- Substitutions are allowed at no additional cost provided that it is a direct replacement and the change does not change the division. The substitution must also be a registered member of your programme and have their age verified.
- If your substitution changes your division and it is after the release of the running order, a charge of £100 will occur.

Division Change

- You will NOT be charged for division changes as long as they are received before the closing date for changes. Any changes required after the closing date will incur a charge of £100.
- In exceptional circumstances, division changes may be granted for free at the discretion of the Energy Event Directors. This will be assessed on a case by case basis.

Choreography

- The use of inappropriate, vulgar and suggestive choreography that does not have a family appeal may impact the judges overall impression.
- Choreography should be that of your own, or that you have paid for. Plagiarism of other routines can impact judges scores.

Music

- All music must be played via apple or android devices unless our event provides an upload service. Our upload service will be determined on the scale of the event.
- All music should be appropriate. Vulgar and indecent wording in music will impact judges scores.

Uniform

- Uniforms should be safe and appropriate to minimise risk to the athlete.
- Inappropriate and suggestive uniforms will impact the judges scores.

- The IASF have a cover up rule. We will NOT be following this rule however you should bare this in mind if traveling overseas.

Photography

- Photography will be provided at our events.
- Energy Events reserve the right to prohibit anyone from taking photographs and videos at any time.
- Energy Events prohibit anyone taking photos or videos of teams that you are not affiliated with.
- The use of flash photography is prohibited while performances are ongoing, anyone seen to use flash photography throughout routines will be asked to exit the arena.
- Professional camera equipment is NOT allowed at any event unless granted permission from the Energy Event Directors.

Performance surface

- All cheer team performance will be on a 54x42 carpeted sprung floor.
- Dance teams will perform on a 10 panel Marley floor (1.6m) that meets the same size and standard as the IASF floor. NO sprung floors will be used for dance*.

* When our competition offers cheer team divisions, traditional pom will perform on a 54x42 carpeted sprung floor however if our event is offering dance team divisions only, traditional pom will perform on a 10 panel Marley floor (1.6m).

Running Order

- The running order will be available to coaches a minimum of 3 weeks prior to the event.
- Division changes made after the release of the running order will incur a charge of £100.

Deductions

- Deductions and difficulty scores will be made available to coaches as soon as possible after performance.
- From the time you receive your scores you have 20 minutes to report to the judges representative for clarification.
- Judges decisions are final, and NO changes or queries can be made or reviewed after award ceremonies have taken place.

Interruption of Routine

- If your routine is interrupted due to the failure of Energy Events competition equipment, you will be granted to perform again and your original performance score will not be used, your routine will be scored from the beginning.
- If your routine is interrupted due to the failure of your own equipment, you may choose to carry on or withdraw.
- The only individuals permitted to stop a routine is the injured athlete, the coach of the team performing, competition officials and the safety judge.
- Injured athletes may not return to the performance floor unless they have received clearance from the coach of the competing team and/or the medical professionals.
- Athletes who receive a head injury will not be allowed to return to the performance floor without clearance from medical professionals.
- If a routine is interrupted due to injury it will be at the discretion of the officials as to whether the team will perform again. If granted to perform again the routine will be scored from the point of interruption.