



Competition Guidelines, Terms and Conditions

General Guidelines

- All competing athletes must be included on the official event entry. By submitting an entry, you confirm that you have read, understood, and accepted all competition rules, guidelines, policies, and terms and conditions.
- Full payment must be received by the stated closing date to secure Early Bird or Standard Entry pricing. Failure to pay the full amount by the relevant deadline may result in the entry being deemed invalid for that pricing category.
- Energy Events UK reserves the right to close event entries prior to the advertised closing date should venue capacity be reached.
- Late entries will only be accepted at the discretion of the Energy Events Directors and are not guaranteed.

Cancellation and Refund Policy

- No refunds will be issued after the standard entry deadline has passed.
- Prior to the deadline, entry fees may be transferred to another Energy Events UK event or refunded, subject to any applicable administrative fees.
- Requests for individual athlete refunds will be considered on a case-by-case basis.
- In exceptional circumstances, cancellations received after the deadline may be considered for transfer to a future event. Any such decision will be made solely at the discretion of the Energy Events Directors.

Athlete Eligibility

- All competing athletes must provide valid proof of age prior to competition.
- Athlete wristbands will be issued to coaches for all verified athletes listed on the approved roster.
- Any athlete found to be impersonating another athlete or competing under false information will result in their team being disqualified from the competition. Further sanctions or bans may be imposed on the athlete and/or programme at the discretion of the Energy Events Directors.
- Athletes arriving at an event without prior verification must present valid identification at the Welcome Desk on the day of the competition. A verification fee of £15 will apply.
- A replacement fee of £15 will be charged for any lost, damaged, or misplaced athlete wristband.

Coach Eligibility

- All coaches requiring access to the warm-up area must hold a valid Enhanced Disclosure Certificate or PVG membership. Junior coaches under the age of 16 are exempt from this requirement.
- Verified coaches will receive an official wristband and/or lanyard granting access to authorised areas.
- Any coach found to be impersonating another coach or providing false credentials will result in their programme being disqualified. Additional sanctions may be imposed, and relevant governing bodies may be notified.
- Junior coaches under the age of 16 must be accompanied in the warm-up area by a responsible adult who holds a valid Enhanced Disclosure Certificate or PVG membership.



Disqualification

- Any athlete, coach, parent, or spectator who deliberately breaches the policies, rules, or standards set by Energy Events UK may result in the disqualification of the relevant team or programme.
- Teams found to have deliberately breached IASF age eligibility requirements will be disqualified and the appropriate governing bodies may be notified.
- Teams that submit inaccurate, misleading, or incomplete rosters may be disqualified from the competition.

Crossovers

- Energy Events UK will endeavour to provide a minimum of 20 minutes between performance times for athletes competing on multiple teams. Coaches should take this into consideration when planning crossovers.
- While every effort will be made to allow sufficient time for athletes to move between performances, warm-up times for crossover athletes cannot be guaranteed.
- Scheduling decisions are made with athlete welfare and safety as the primary consideration. Other factors, including coach availability, may not always be accommodated. Additional coach passes are provided for this purpose.
- Athletes may compete with more than one programme at the same event. Entry fees must be paid for each programme they represent. Athletes crossing over between programmes may not compete within the same division.

Substitutions

- Substitutions are permitted at no additional cost, provided the substitute is a direct replacement and the change does not alter the team's division.
- All substitute athletes must be registered members of the programme and have completed age verification.
- Where a substitution results in a division change after the release of the running order, a fee of £100 will apply.

Change Requests

- Change requests must be submitted via RegChamp
- Division changes submitted before the published change deadline will not incur a fee.
- Athlete changes submitted before the published change deadline will not incur a fee.
- Schedule changes submitted before the published change deadline will not incur a fee.
- Division changes requested after the closing date will incur a £100 administration fee.
- Athlete and schedule changes requested after the closing date will incur a £100 administration fee.
- In exceptional circumstances, changes may be approved without charge at the discretion of the Energy Events Directors.

Choreography

- Choreography should be suitable for a family audience. Inappropriate, vulgar, or suggestive content may negatively impact the judges' overall impression score.
- Programmes must ensure that all choreography is original or has been obtained through legitimate purchase or licensing arrangements.
- Plagiarism of routines may result in deductions or adversely affect judges' scores.



Music

- Music must be played via an Apple or Android device unless an event-specific music upload service is provided.
- The availability of a music upload service will be determined based on the scale and requirements of each event.
- Music must be appropriate for a family audience. Vulgar, offensive, or indecent language may negatively impact judges' scores.

Uniform

- Uniforms must be safe, appropriate, and designed to minimise risk to athletes.
- Inappropriate or suggestive uniforms may negatively affect judges' scores.
- While the IASF Cover-Up Rule will not be enforced at Energy Events UK competitions, teams should be mindful of this requirement when attending international events.

Photography and Videography

- Official event photography services may be provided at Energy Events UK events.
- Energy Events UK reserves the right to restrict or prohibit photography and videography at any time.
- Individuals may only photograph or record teams with whom they are affiliated.
- Flash photography is strictly prohibited during performances. Anyone found using flash photography may be asked to leave the venue.
- Professional camera equipment is not permitted unless prior approval has been granted by the Energy Events Directors.
- By attending an Energy Events UK event, participants acknowledge that photographs and video footage may be captured for promotional, marketing, and event administration purposes.

Performance Surface

- Cheerleading teams will perform on a 54ft x 42ft carpet-bonded sprung floor.
- Dance teams will perform on a 10-panel Marley floor measuring 16m x 16m, meeting the same size and standards as an IASF performance floor. Sprung floors will not be used for dance divisions.

Schedule

- The schedule will be published no later than three weeks prior to the event where reasonably practicable.
- Division changes requested after the publication of the running order will incur a £100 administration fee.

Deductions and Score Clarification

- Deductions and difficulty scores will be made available to coaches as soon as reasonably practicable following performance.
- Coaches have 20 minutes from receipt of their scores to report to submit a Score Review form for clarification.
- All judges' decisions are final. No queries, appeals, or score reviews will be accepted following the conclusion of the awards ceremony.



Interruption of Routine

- If a routine is interrupted due to the failure of Energy Events UK equipment or event operations, the team will be offered the opportunity to perform again.
- If a routine is interrupted due to failure of the team's own equipment, the team may choose to continue or withdraw from the competition.
- The only individuals authorised to stop a routine are the injured athlete, the team's coach, competition officials, and the designated Safety Judge.
- Injured athletes may not return to the performance floor until clearance has been provided by the team's coach and/or medical personnel.
- Any athlete who sustains a head injury will not be permitted to return to the performance floor without clearance from an appropriately qualified medical professional.
- Where a routine is interrupted due to injury, competition officials will determine whether the team may perform again. If permission is granted, scoring will recommence from the point at which the interruption occurred.

Safeguarding

- Energy Events UK is committed to providing a safe and inclusive environment for all participants. All coaches, volunteers, officials and staff are expected to uphold appropriate safeguarding standards and report any concerns in accordance with applicable safeguarding procedures.

Code of Conduct

- All athletes, coaches, parents and spectators are expected to conduct themselves in a respectful and sportsmanlike manner at all times. Harassment, abuse, discrimination, threatening behaviour or conduct that brings the event into disrepute may result in removal from the venue and/or disqualification.

Liability

- Participation in cheerleading and dance activities involves an inherent risk of injury. By entering the competition, participants acknowledge and accept these risks. Energy Events UK accepts no liability for loss, damage or injury except where caused by negligence or where liability cannot be excluded by law.

Right to Amend

- Energy Events UK reserves the right to amend these Guidelines, Terms and Conditions at any time where necessary for operational, safety, legal or regulatory reasons.